

March 2024

Tecumseh Place Insider

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Fieldstone
517-423-1141
1313 Southwestern Dr.

Tecumseh Place
Building 1
517-423-3374
1311 Southwestern Dr.

Tecumseh Place
Building 2 (closed for remodel)
517-424-6043
1309 Southwestern Dr.



Executive Director
Keely Sanders-Broughman

Office Manager
Carol Belanger

Life Enrichment Director
Carmen Sumner-Burgos

Dining Service Director
Jill Cruz

Maintenance Director
Brian Martin



A Winter Farewell

The first day of spring is a common reason for celebration for people all over the world, but the students at Lake Superior State University in Michigan may have taken it too far. Every March 20 since 1971, the students have bid farewell to winter by burning a snowman. This isn't just some wacky college prank; the bizarre tradition began in Germany as the Rose Sunday Festival, where a parade bearing a snowman (made of straw) passes through town to the village center. There, the mayor asks all the local children if they have been good, diligent in their studies, and mindful of their parents. When all the children publicly shout "Yes!" the snowman is burned.

The 10-foot snowman is made of leftover paper and scrap wood and is sometimes dressed in a rival college's colors. As it burns, students, professors, local children, and anyone else who cares to join in recite poetry they have written about the snowman. Only one year has been skipped since the tradition began. A snowman was not burned in 1992, due to environmental concerns by a student environmental awareness group. Locals were furious. Disappointed reporters arrived to find poetry but no snowman, and the tradition was resumed the following year.

FROM THE DESK OF KEELY SANDERS

Happy March, and with open arms we welcome Spring!

It's been a beautiful seasonal transition so far, and we delight in the sunshine!

So many opportunities and ideas to grow in fruition this year! As we prepare for Spring, I'd like to ask if you have any interest in our "Spring Cleaning," or beautifying our community; please contact me via phone or email. We would love volunteers to help with sprucing up our landscaping and garden beds! If you cannot physically join us, but would like to provide plants, flowers, supplies; we would appreciate any contribution! If you can come and sit with residents or your family members during the outdoor work, it would be a wonderful aid for them to participate as we enjoy the fresh soil and growth!

He is Risen! We celebrate Spring for many reasons, but we take gratitude and hope in the ultimate sacrifice of our Lord Jesus and his gift of eternal life for us all. We want to welcome family to join your loved ones on Easter Sunday for Easter dinner (noon meal). All our residents may have one guest to join for the meal (additional guests may join for \$10/pp). We'd love to have you! Please contact myself or Jill Cruz, Dining Service Director (Jill.Cruz@baruchsls.org) to RSVP for the dinner.

We celebrate the birth of a new year, season, and growth for our lovely community! We welcome some amazing new friends in both buildings. We mourn a few incredible people that we lost this year already.

So many emotions, so many wonderful hearts we get to touch and meet. We appreciate your trust in caring for your loved ones.

Stay tuned, in April/May we will be bringing a Hospice Panel Discussion to you and the community. Sharing a chance to meet and ask questions of various hospice companies serving the area and learning about how they can serve and impact individuals sooner than end of life. More information and date to come!

We also will be reaching out for a satisfaction survey soon, and about establishing Family Council.

I look forward to seeing you all soon, and our next interaction.

Enjoy the sunshine,



Keely
(517)-610-9792
Keely.Sanders@baruchsls.org

Thank you kindly,

Keely N. Sanders
Executive Director
Tecumseh Place Assisted Living
1309 Southwestern Dr
Tecumseh, MI 49286

In Praise of Weeds



Gardeners get giddy in March as the ground begins to thaw and green buds burst forth showing signs of spring. However, not all of those buds are welcome, and gardeners will begin their assault on unwanted weeds. But wait!

Before you break your back pulling out garden invaders, take some time to understand these pests. March 28 is Weed Appreciation Day.

Many weeds are native species of flowers that provide important pollen and nectar for bees and butterflies as well as seeds for a variety of birds. They may not always be pretty, but they are important. For example, the humble clover may be undesirable, but it has tremendous benefits. It grows easily and in abundance, is a tasty and nutritious crop for grazing animals, fixes its own nitrogen (which means less need for fertilizer), and grows in a wide variety of climates and soils. It is also one of the honeybee's main sources of nectar.

Many other weeds are edible and healthy. The roots of the burdock plant are regularly eaten in Japan and Korea. They taste similar to artichokes and are high in fiber and potassium. Dandelion and burdock are combined to make a tasty drink that is popular in England and tastes similar to root beer.

The leaves of lamb's quarters, also known as goosefoot or pigweed, are a good substitute for spinach. The seeds, known as quinoa, are a popular alternative to rice and other grains and are high in protein and vitamin A.



Resident Spotlight of the Month. Rose Covell

We are celebrating Rose this month as our Resident of the month for March! Rose celebrated her birthday on Jan 30. She is also a twin to a sister, Ruby, Born 15 min apart. (Ruby was born first .. says Rose..lol!) She was married to Carl for 32 years. They were married in Adrian on July 15th, 1957. She married Carl when he came home from the service, Rose waited for Carl 4 yrs.!! Rose worked for Hoover Ball Bearing and Johnson Controls making seats for cars. Carl worked at Tecumseh Products with Rose's father. Rose loved baking cakes which she did for all occasions. Together Rose and Carl loved to roller skate. One meal that is Rose's favorite is Fried Chicken! Yum!! Rose loves her home here at Tecumseh Place but does miss her own kitchen and Garden. Her words of wisdom are .. "Always remember the good times in life and let go of the bad- Let GOD sort it out. Always try to keep smiling and leave the worrying to GOD". We absolutely enjoy Rose and her radiant smile and joyful attitude here at Tecumseh Place. It is such a blessing to us that you decided to make your home here with us,

Your Return Address
Street Number and Name
City, State ZIP Code

Postage
Information

Your Mailing Address
Street Number and Name
City, State ZIP Code



Happy Easter and St. Patrick's Day to you and your family from us ALL here at Tecumseh Place.



March Birthdays

Those born from March 1–20 are Pisces, the Fish. Like fish, Pisces like to go with the flow in an easygoing manner, but on the inside, they are intuitive, intensely spiritual, and deeply emotional. If you were born between March 21–31, you are Aries, the Ram. These independent adventurers like to strike out on their own and are natural leaders. Their enthusiasm and confidence mean they have big and outgoing personalities.

Our Tecumseh Place Birthday:

EDWARD DUBOIS
MARCH 10TH

